

The New Jersey Learning Collaborative

a joint effort of:

New Jersey Academy of Family Physicians

HMH Family Medicine Residencies

Rutgers Network of Affiliated Family Medicine
Residencies



Sponsored by the American Board of Family Medicine Foundation



New Jersey Learning Collaborative Informational Session Agenda

- Introductions
- Overview of the Learning Collaborative Program
 - 3 Program Tracks
 - Time Commitment
 - Resources
 - Website
 - Calendar
 - Registration
- NJAFP QI initiative
- RU-NAFMR Curriculum
- HMH CQI Curriculum

Introductions

New Jersey Academy of Family Physicians	Rutgers Network of Affiliated Family Medicine Residencies (RU-NAFMR)	Hackensack Meridian Health (HMH)
<p>Jessica Sowden, MS, PMP Program Manager</p>	<p>Maria F. Ciminelli, MD, FAAFP Vice Chair, RU-NAFMR Vice Chair and Associate Professor <i>Department of Family Medicine and Community Health, Robert Wood Johnson Medical School</i> Program Director <i>Robert Wood Johnson Family Medicine Residency at CentraState Rutgers Health</i></p>	<p>Robin O. Winter, MD, MMM Professor and Founding Chair <i>Department of Family Medicine</i> <i>Hackensack Meridian School of Medicine</i> Chair <i>Department of Family Medicine</i> <i>JFK University Medical Center</i> DIO <i>HMH Central Region</i></p>
<p>Fran Griffin, RRT, MPA Improvement Advisor Fran Griffin & Associates, LLC</p>	<p>Jennifer R. Hemler, PhD Director, RU-NAFMR Assistant Professor <i>Department of Family Medicine and Community Health, Robert Wood Johnson Medical School</i> <i>Rutgers Health</i></p> <p>Ann M. Nguyen, PhD, MPH Assistant Research Professor <i>Rutgers Center for State Health Policy</i> <i>Institute for Health, Health Care, Policy and Aging Research</i> <i>Department of Family Medicine and Community Health, Robert Wood Johnson Medical School, Rutgers Health</i></p>	<p>Kelly Ussery-Kronhaus, MD, FAAFP Program Director, <i>HMH Ocean University Medical Center Family Medicine Residency</i> Vice-Chair <i>Department of Family Medicine, Hackensack Meridian School of Medicine</i> Clinical Assistant Professor <i>Rowan School of Osteopathic Medicine, Department of Family Medicine</i></p>



New Jersey Learning Collaborative: *Program Overview*



Overview of the New Jersey Learning Collaborative

The **New Jersey Learning Collaborative** aims to train the next generation of family physicians and move the needle on advancing care delivery throughout New Jersey by providing quality improvement (QI) and leadership training for residents and early career faculty.

The Collaborative is designed as a three-year program, consisting of three tracks. The tracks together provide comprehensive learning and career development.



Overview of the New Jersey Learning Collaborative

It is encouraged for programs to enroll learners across the 3 tracks, however individual learners may participate in one or more tracks at a time.

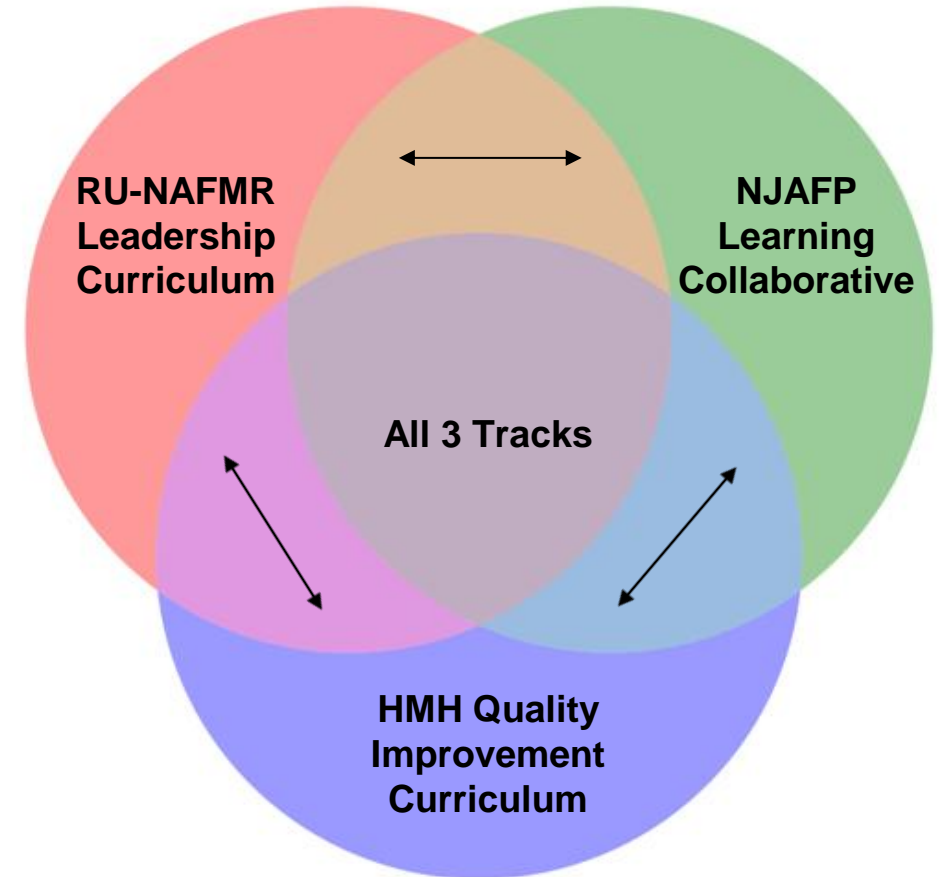
Programs can also enroll annually and plan learner trajectories for multiple years.



Overview of the New Jersey Learning Collaborative

The collaborative consists of 3 tracks and programs enrolled can choose to participate in one, two or all three educational tracks.

- Programs will need to confirm on enrollment materials which tracks they would like to participate in.





Overview of the New Jersey Learning Collaborative: Time Commitment

- All tracks will have varying time commitments throughout the year:
 - RU-NAFMR will hold 2-hour interactive course sessions in July, September, November, and March.
 - Pre- and post-session evaluations will be included
 - Readings and short assignments
 - HMH will hold 2-hour interactive course sessions in August, October, February, and April
 - Pre- and post-session evaluations will be included
 - Readings and short assignments



Overview of the New Jersey Learning Collaborative: Time Commitment

- **NJAFP Learning Collaborative: Meetings**
 - **Learning Session 1 (In Person): September 22, 2025 from 8 AM-2 PM**
 - ~ 3-5 team members need to be in attendance
 - **Action Period Webinars (Virtual): monthly on the 2nd Wednesday of the month from 12-1 PM.**
 - **Action Period #1** occurs October through December
 - **Action Period #2** occurs February through April
 - **Learning Session 2 (Virtual):** January 14, 2026 and January 21, 2026 from 12-2 PM
 - **Learning Session 3 (In Person):** May 1, 2026 from 10 AM – 4 PM at NJAFP Annual Meeting in Atlantic City, NJ



Overview of the New Jersey Learning Collaborative: Time Commitment

NJALC Learning Collaborative Deliverables

- Each team will be required to submit the following:
 - Baseline Data
 - Prepare a team storyboard for Learning Sessions #1 and #2
 - Work with clinic staff to test changes monthly with PDSA
 - Submit updates and data monthly into SimpleQI
 - Submit a poster abstract for Learning Session #3



Overview of the New Jersey Learning Collaborative: Resources

The collaborative website will be the central location for all program related information, content, and is where teams can register for the NJ Learning Collaborative:

<https://www.njlearningcollaborative.org/>





Overview of the New Jersey Learning Collaborative: Resources

The collaborative website also houses a **Google Calendar** of all events for each track for the whole year.

- This allows for anyone to add events to their own personal calendars and set reminders for sessions.
- This calendar can be located in our **FAQ section in the main menu**

New Jersey Learning Collaborative Calendar 2025-26





Overview of the New Jersey Learning Collaborative: Registration

Registration for 1 or more of the collaborative tracks will go live today, May 20, 2025.

- Registration is available through the collaborative website on the home page or by selecting “**Join the Collaborative!**” from the main menu
- **IMPORTANT:** Please fill out all fields of the registration form!



New Jersey Learning Collaborative 2025-2026

smartsheet

New Jersey Learning Collaborative 2025-26 Registration Form

The New Jersey Academy of Family Physicians (NJAFP) thanks you for your interest in the “New Jersey Learning Collaborative” alongside the **SPARC-HIV NJ** (Screening, Prevention, and Routine Care for HIV for New Jersey)” program, supported by educational grants by **Rutgers University Business School** and the American Board of Family Medicine.



Overview of the New Jersey Learning Collaborative: Registration

Please see the QR code to access the NJ Learning Collaborative Registration Form

Registration for the RU-NAFMR and HMH tracks will close on **June 30, 2025**





SPARC-HIV NJ Learning Collaborative

*New Jersey Academy of Family Physicians
(NJAFP)*





SPARC-HIV NJ Learning Collaborative

For the 2025-26 collaborative year, the program will be continuing the focus of increasing HIV screening rates in partnership with the **SPARC-HIV NJ** (Screening, Prevention, and Routine Care for HIV in New Jersey) **Program** supported by the **Rutgers Business School - Supply Chain Management**.





SPARC-HIV NJ Learning Collaborative: Program Objectives

SPARC-HIV NJ GENERAL OBJECTIVES: Improve HIV screening rates, use of PrEP for eligible patients, and decrease HIV-related stigma in the healthcare setting.

1. Decrease HIV-related stigma in the healthcare setting.
2. Increase the number of patients aged 13 or older screened for HIV
3. Increase in the number of prescriptions for pre-exposure prophylaxis (PrEP)
4. Increase in the number of people testing positive for HIV linked to care/starting antiretroviral therapy within 30 days.
5. Increase in number of referrals for HIV-related supportive services (e.g., housing support and food supplements)



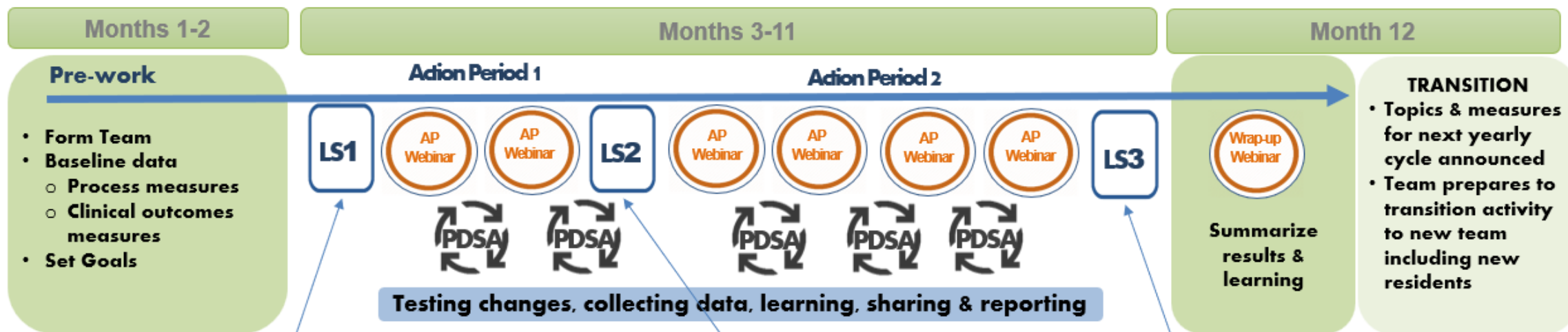


SPARC-HIV NJ Learning Collaborative

The NJAFP QI Collaborative utilizes the Model for Improvement to guide its approach to teach and implementing quality improvement in family medicine residency programs. The program includes 2-3 learning sessions with action periods occurring in between.



SPARC-HIV NJ Learning Collaborative



Learning Session 1	Monthly – AP1	Learning Session 2	Monthly – AP2	Learning Session 3
<ul style="list-style-type: none"> Full day, in-person Entire core team attends Practical & interactive Planning PDSA cycles 	<ul style="list-style-type: none"> 1 hour webinar Data posted Report posted Connecting & sharing with the group 	<ul style="list-style-type: none"> Webinar - 2 hours x 2 Plus Sponsor Session Entire core team attends Sharing learning, data & challenges Planning next steps 	<ul style="list-style-type: none"> 1 hour webinar Data posted Report posted Connecting & sharing with the group 	<ul style="list-style-type: none"> Full day, in-person at <u>FamMed</u> Entire core team attends Sharing & celebrating Results in poster contest



SPARC-HIV NJ Learning Collaborative: SimpleQI

SimpleQI is the website (accessible from the Learning Collaborative website) where each team will input monthly data.

- **SimpleQI** also houses key program documents, such as data collection instructions, relevant references, and content (recorded webinars and presentations).

simpleqi | studio

NJ SPARC-HIV > Project Home

- Home
- Teams
- People
- Measures**
- Forms
- Drivers
- Changes
- Discussions
- Calendar
- Resources**
- Reports
- Import/Export

Project Aim

To improve routine HIV screening, prevention and care by April 30, 2025 by:

- Increasing routine HIV Screening in patients age 13+ by doubling from baseline
- Increasing uptake of pre-exposure prophylaxis (PrEP) among eligible patients by doubling from baseline
- Decreasing HIV-related stigma in primary care clinicians and staff by achieving a score of 11 or lower on a standard survey instrument

Upcoming Project Events

[view calendar](#)

No upcoming events





SPARC-HIV NJ Learning Collaborative: Meeting Schedule

Learning Session 1 (In Person): September 22, 2025 from 8 AM-2 PM

- ~ 3-5 team members need to be in attendance

Learning Session 2 (Virtual): Two 2-hour webinar sessions in January 2026

- Learning Session 2 Part 1: January 14, 2026 from 12-2 PM
- Learning Session 2 Part 2: January 21, 2026 from 12-2 PM

Learning Session 3 (In Person): May 1, 2026 from 10 AM – 4 PM at NJAFP Annual Meeting in Atlantic City, NJ

Action Period Webinars (Virtual):

- Wednesday, October 8, 2025 – 12-1 PM
- Wednesday, November 12, 2025 – 12-1 PM
- Wednesday, December 10, 2025 – 12-1 PM
- Wednesday, February 11, 2025 – 12-1 PM
- Wednesday, March 11, 2025 – 12-1 PM
- Wednesday, April 8, 2025 – 12-1 PM





Leadership Curriculum

Rutgers Network of Affiliated Family Medicine Residencies (RU-NAFMR)



Leadership Curriculum

Rutgers Network of Affiliated Family Medicine Residencies

Learning Objectives

- Describe the healthcare environment to their colleagues and personnel
- Define measures of performance and goal-setting
- Identify components of the change management process and factors that influence change
- Discuss strategies for managing projects and people
- Demonstrate skills required to effectively communicate with stakeholders and teams



Leadership Curriculum

Rutgers Network of Affiliated Family Medicine Residencies

Course sessions

- The Business of Medicine: July 24th
- Change Management: Sept. 11th
- Leadership Styles: Nov. 6th
- Stakeholder Collaboration: March 5th

All sessions will be held virtually from 12:30-2:30 PM



The Business of Medicine: July 24, 2025

Rutgers Network of Affiliated Family Medicine Residencies

Instructors:

Alfred Tallia, MD, MPH

Professor and Chair, Department of Family Medicine and Community Health, Rutgers RWJMS

Michael Andrade

Administrator, Department of Family Medicine and Community Health, Rutgers RWJMS

Session content:

- Healthcare environment
- Strategic and Business Skills
- Measuring organizational performance
- Budgets and budgeting





Change Management: September 11, 2025

Rutgers Network of Affiliated Family Medicine Residencies

Instructors:

Alfred Tallia, MD, MPH

Professor and Chair, Department of Family Medicine and Community Health, Rutgers RWJMS

Ann Nguyen, PhD, MPH

Assistant Professor, Department of Family Medicine and Community Health, Rutgers RWJMS

Session content:

- Drivers of Change
- Resistance to change
- Workflow design
- Project planning and decision-making





Leadership Styles: November 6, 2025

Rutgers Network of Affiliated Family Medicine Residencies

Instructors:

Alfred Tallia, MD, MPH

Professor and Chair, Department of Family Medicine and Community Health, Rutgers RWJMS

Ralph Gigliotti, PhD

Assistant Vice President for Organizational Leadership, University of Academic Affairs, Rutgers University

Session content:

- Organizing and managing staff
- Leadership styles
- Motivating staff
- Coordinating and working with teams





Stakeholder Communication and Collaboration: March 5, 2026

Rutgers Network of Affiliated Family Medicine Residencies

Instructors:

Alfred Tallia, MD, MPH

Professor and Chair, Department of Family Medicine and Community Health, Rutgers RWJMS

Ann Nguyen, PhD, MPH

Assistant Professor, Department of Family Medicine and Community Health, Rutgers RWJMS

Session content:

- Politics and stakeholders
- Power, influence, and authority
- Building advisory committees
- Communicating with stakeholders



Quality Improvement Curriculum

Hackensack Meridian Health (HMH)



Quality Improvement Curriculum

Hackensack Meridian Family Medicine Residencies

Learning Objectives

- CQI curriculum and learning for the specific needs and interests of Family Physicians
- Real-world application of CQI in Family Medicine practices and residencies
- Collaboration and Networking: Foster collaboration and networking of Family Medicine Faculty of the residencies in New Jersey
- Continuous Learning: Encourage ongoing learning and participation in CQI activities at the local, health system, and state levels.



Quality Improvement Curriculum

Hackensack Meridian Family Medicine Residencies

Course sessions

Session 1: Foundations of Quality Improvement- August 19, 2025

Session 2: Patient Centered CQI - October 23, 2025

Session 3: Implementing CQI in Practice - February 17, 2026

Session 4: Leadership and Sustainability - April 23, 2026

All session will be held virtually from 12:30-2:30 PM



Foundations of Quality Improvement

Hackensack Meridian Family Medicine Residencies

Instructors:

JFK Family Medicine Residency Faculty

Session content:

- Define and understand the core principles of QI.
- Distinguish between CQI and traditional quality assurance
- Familiarize learners with the Model for Improvement and the PDSA cycle
- Explain why CQI Matters in Family Medicine
 - a) Benefits for patients, providers, and the healthcare system
 - b) Address common challenges in Family Medicine through CQI





Patient Centered CQI

Hackensack Meridian Family Medicine Residencies

Instructors:

Palisades Family Medicine Residency Faculty

Session Content:

- Understand the significance of community engagement in population health
- Identify strategies for effective community collaboration.



Implementing CQI in Practice

Hackensack Meridian Family Medicine Residencies

Instructors:

Mountainside Family Medicine Residency Faculty

Session content:

- Identify Improvement Opportunities
- Developing CQI Projects
- Implementing Change



Leadership and Sustainability

Hackensack Meridian Family Medicine Residencies

Instructors:

Ocean University Medical Center Family Medicine Residency

Session content:

- Learn strategies for sustaining QI projects over time.
- Explore leadership roles in promoting ongoing QI efforts.

Questions?



New Jersey Learning Collaborative Contact Information:

NJAFP: Jessica Sowden, MS, PMP (jsowden@njafp.org)

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